



Estes Park, Fort Collins, Greeley, Loveland, Windsor and Surrounding Areas

INSIDE THIS ISSUE

February Meeting Kiel, Germany Exch.	2
January meeting	3
Regional Conference Volunteer of the Year	4
Regional Conference Registration Form	5
Membership New Officers	6
Exchange Calendar Officers & Chairs	7
Meeting Pictures FFNC Newsletters Mtn. Club Newsletters Esther Sadeh	8

FROM OUR PRESIDENT



Our January program started the New Year off auspiciously (and befittingly) with Lana and David Bump's Around the World in 1 Year Adventure. Their stories, pictures and the philosophies gained about sharing with other cultures were inspiring and interesting. You can read more about it in the article on page 3.

Reminders for the upcoming year activities:

Please register for our **Regional Conference** to be held in **Salt Lake City, May 2-4**. I hope as many as possible from our club can participate. Salt Lake FF club is offering a follow up home stay so that we can get to know their club better.

In May members of our club will travel to Kiel, Germany, followed by a North Sea cruise with stops in Denmark, Norway and Sweden. In August, Curitiba, Brazil will visit us. It will be a chance for some to renew friendships made on our exchange to Brazil in 2012 and for others of us to meet new friends of another culture. Watch and listen for requests for home hosting, day hosting and dinner host opportunities. There will be an opportunity for our club to share with another US club as we travel to St. Louis, MO in the fall. There is a rumor of a stopover in Branson as well.

Finally, if you have not paid your **dues for 2014**, please either mail them to Thelma Slocum or bring them to the February meeting. With our new members from the Estes Park club (WELCOME!!) we will be over the 100 member mark as soon as all of us pay our dues.

My first call as new president was from Rona Baer suggesting an idea for an upcoming program. It was a great reminder to me of what an active and participating club we have. Our faithful program chair, Esther Johnsen, is always soliciting suggestions like Rona's for possible future programs. Many of you stepped up to the plate to fill the committees that make it possible for us to have a vibrant and exciting club. Some of you are continuing and others are trying a new job! I am looking forward to sharing with each of you this year, getting to know you better and learning what you would like to do to maintain our legacy as well as looking to the future to make our club even better.

I hope to see you next month at February's program, which will focus on the adventures of our own members on the exchange to Eastern Europe. Please come and build on the enthusiasm in anticipation of our upcoming exchanges!

In Friendship,

Marilyn Garner

Next Meeting
February 14, 2014
7:00 PM
Central Europe

First Christian Church
2000 N Lincoln Ave.
Loveland, CO

FEBRUARY 14 MEETING—CENTRAL EUROPE

September 29 in Central Europe:

At 4:00 PM we stopped at the highlight village for the day. This was the famous tourist village of Spania Dolina, Slovakia, an important historic area. One of the buildings had 1650 as the date of establishment above the door. The most notable feature was an interesting museum, which also presented a "knocking board", (KLOPACKA) from the 16th and 17th centuries. This was used to wake up the village and issue a call to the miners to prepare for work in the mines of the area. This would awaken all in the village, miners as well as other inhabitants.

In the working museum, lace making was being demonstrated, and exquisite lace it was. There were many bobbins of thread, and in producing the fine work, the lady's fingers seemed as fast as hummingbird wings!

Come join us at the February meeting to learn more about who and what we discovered on our early autumn exchange. Some of our ambassadors from the Denver area will be joining us. (*Note: Credit for writing this report goes to Ed Jakubauskas.*)

Cinda Clark

EXCHANGE TO KIEL, GERMANY & EXTENSION CRUISE/TOUR MAY 21-JUNE 8, 2014

Join us for a special home-hosted week May 24-31 with FF Kiel followed by an exciting 7-night North Sea fjord cruise tour visiting ports in Denmark, Sweden and Norway. We'll also spend three days exploring Hamburg, Germany, making this an 18-day adventure.



Kiel, a major maritime center, is the capital and most populous city in northern Germany. It is 56 miles north of Hamburg, on the southwest shore of the Baltic Sea.

Estimated cost for the entire 18-day experience is approximately \$4000. This includes: airfare, transfers, Hamburg hotels, FF Kiel homestay & FFI fees, cruise leaving from Kiel, 2 cruise excursions, round-trip DIA shuttle, all gratuities, taxes and fees.

Additional costs: travel insurance (required); incidental expenses, host gifts, a few meals, and optional cruise excursions.

FF members may apply immediately by submitting a completed ambassador application and a \$565 deposit check payable to FFNC. Access an ambassador application on our website: www.ffncolo.com or copy and paste this link into your browser:

[www.ffncolo.comFormsAmbassador Application and Agreement.pdf](http://www.ffncolo.comFormsAmbassador%20Application%20and%20Agreement.pdf)

Mail application and \$565 deposit to Marcia Ross; 7020 Avondale Rd; Ft. Collins, CO 80516

970-377-0512 mross377@msn.com

JANUARY MEETING—AROUND THE WORLD IN 1 YEAR

Our January program was extraordinary. We were treated to a wealth of stories, pictures and philosophies, including their roles as ambassadors to the world.

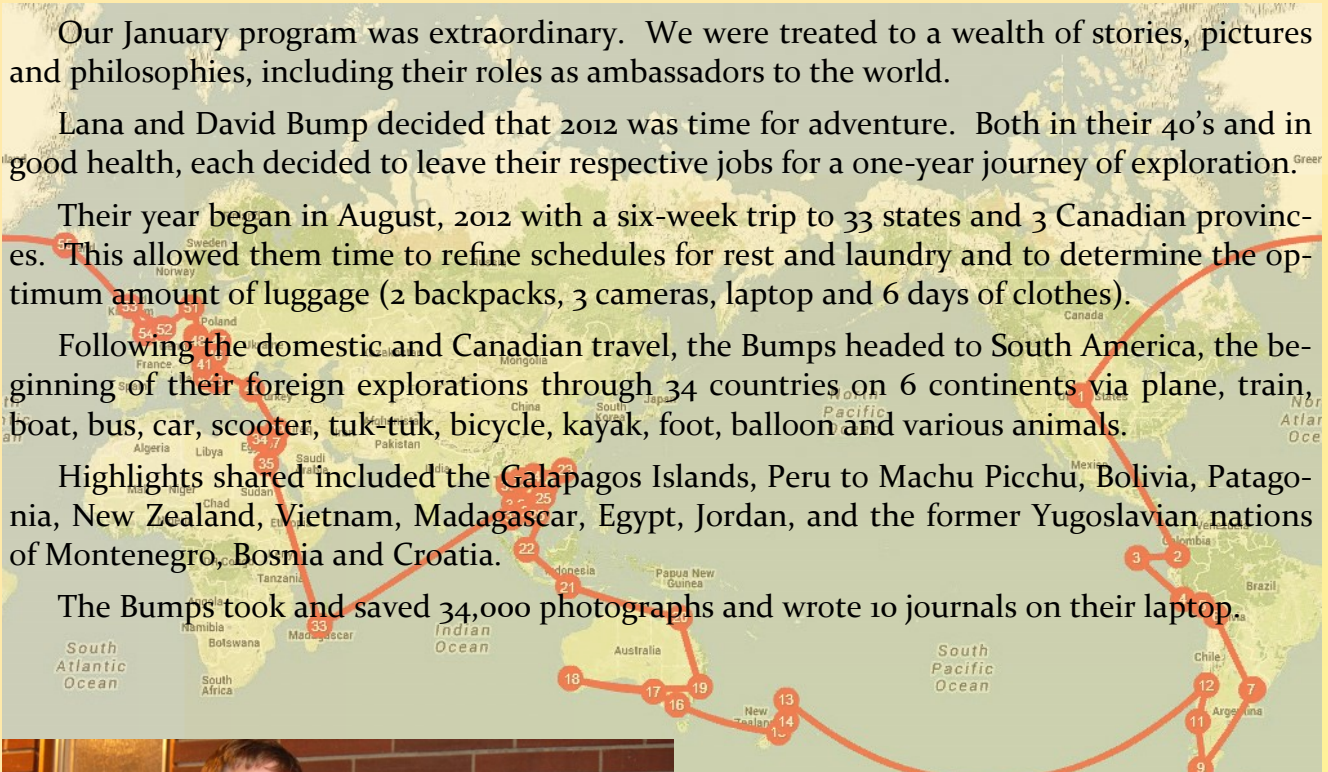
Lana and David Bump decided that 2012 was time for adventure. Both in their 40's and in good health, each decided to leave their respective jobs for a one-year journey of exploration.

Their year began in August, 2012 with a six-week trip to 33 states and 3 Canadian provinces. This allowed them time to refine schedules for rest and laundry and to determine the optimum amount of luggage (2 backpacks, 3 cameras, laptop and 6 days of clothes).

Following the domestic and Canadian travel, the Bumps headed to South America, the beginning of their foreign explorations through 34 countries on 6 continents via plane, train, boat, bus, car, scooter, tuk-tuk, bicycle, kayak, foot, balloon and various animals.

Highlights shared included the Galapagos Islands, Peru to Machu Picchu, Bolivia, Patagonia, New Zealand, Vietnam, Madagascar, Egypt, Jordan, and the former Yugoslavian nations of Montenegro, Bosnia and Croatia.

The Bumps took and saved 34,000 photographs and wrote 10 journals on their laptop.



MTN. STATES REGIONAL CONFERENCE—MAY 2-4

Arrange your calendar now so you can attend the 2014 Mountain States Regional Conference in Salt Lake City. Hosted by the Salt Lake City Friendship Force club, the upcoming conference will also serve the FF clubs from Northern Colorado, Denver, Pikes Peak Region, Western Colorado and Cheyenne.

The Regional Conference is a bi-annual event to foster interclub cooperation, training, exchanges and to socialize and network with other area FFI club members who also enjoy cultural exchanges and travel.

Meet new FFI President, Joy DiBenedetto, and learn of her plans for our Friendship Force future. Ask questions and share your ideas with Joy.

See the [next page](#) for a [Conference Registration Form](#) if you are unable to access our website. It would be wise to respond soon, to assure timely reservations for the Conference and for a room at Little America Hotel (Conference site).

Visit our website, ffncolo.com, for the Conference flyer, Conference schedule and the registration form. See **Regional** for the flyer and schedule, and click on **Forms** for the Conference Registration Form.

FFNC VOLUNTEER OF THE YEAR

Rising above all candidates was Thelma Slocum, a long-time member who creatively and thoughtfully gives of her time and talents to the betterment of our club. In her role as co-Chair of our Membership Committee, Thelma manages and updates our membership database, collects and tracks dues, registers new members, welcomes members and guests to meetings, helps to recruit new members, orders name badges, actively participates in board meetings. Additionally, she developed a useful time and talents matrix from our membership registration forms. Thelma utilized her wonderful artistic skills to create an original painting for our FFNC logo. She has donated dozens of small paintings and newly designed postcards highlighting our beautiful Rocky Mountains, which are for sale in our store. Thelma and her husband, Larry, participate in exchanges and other club activities, and happily spread the word about the delights of membership in Friendship Force. It was fun to completely surprise Thelma with this well-deserved award!

Marcia Ross



REGIONAL CONFERENCE REGISTRATION FORM



“Crossroads of the West”
 2014 Mountain States Regional Conference
REGISTRATION FORM
 May 2nd, 3rd, 4th, 2014
Little America Hotel

Please fill out and mail this registration form with your check made payable to Utah Friendship Force, to Nona Bressler, Conference Coordinator, 451 Holstein Way, Murray, Utah 84107

Last Name	First Name (s) (Couples may choose to register on the same form)		
Street	City	State	Zip Code
Home Phone Number	Cell Phone Number	E-mail address	
Club Name			

Little America Hotel, 500 South Main Street, Salt Lake City, UT 84111 is offering special room rates for the Conference at \$114 for a double room – please register early at 801-596-5800 or www.littleamerica.com/slc - tell the hotel you are with the Rocky Mountain Friendship Force Conference.

Registration begins on Friday, May 2nd from 2:00 until 4:00 pm in the Flagstaff Room at Little America followed by a 90 minute bus tour of the city with pick up in front of the hotel and drop off either downtown at the new City Creek Mall or back at the hotel. There will also be registration at 8:00 am on Saturday morning in the Olympus Room.

Registration Fees: (Please indicate if you plan to attend and how many)

Friday, May 2nd a special 90 minute bus tour beginning at 4:30

Saturday, May 3rd - \$100 per person \$ _____
 (Includes, continental breakfast, all conference sessions, deli buffet luncheon, evening banquet and entertainment).

Sunday, May 4th – Mormon Tabernacle Choir Broadcast @ 9:00 am

Make checks payable to Utah Friendship Force – TOTAL FEES ENCLOSED - \$ _____

Home Hosting from Sunday, May 4th following the Tabernacle Broadcast until Wednesday, May 7th

Would you like to be home hosted after the conference? Would you like to be home hosted with another attendee, if so, please indicate who. _____

Do you have any allergies, pet restrictions, or dietary limitations? _____

Are you a smoker?

For questions or conference registration information, call Nona Bressler, Conference Coordinator at 801-261-1561 – don_nona@comcast.net or Margret Boes-Ingraham, Club President at 801-424-2850 – utahfriendshipforce@gmail.com

FFNC MEMBERSHIP UPDATE...AND DUES

FFNC had a total of 94 members for 2013. With the new year and the addition of 14 Estes Park club members, we should exceed 100 members. Yahoo!! In addition to great numbers, may we have an active and involved membership in 2014!

Welcome to two new members who joined FFNC at our January meeting. Diane Martell and Mary Ann O'Neill are both from Ft. Collins.

Dues for 2014 are now due, at \$35 per person by **February 1 or our February meeting**. And a reminder that if you wish to receive your newsletter by mail, please include an extra \$15 for the year to cover production and mailing costs.

Please mail your checks to me:

Thelma Slocum
5025 Bluestem Ct
Ft. Collins, CO 80525

Thelma Slocum

NEW OFFICERS—2014



After Marcia passed the gavel to Marilyn, President Marilyn passed a smaller version back to Marcia, in recognition of her 2 years at the helm as FFNC president.

New officers were inducted at the January meeting.

New officers are:

President: Marilyn Garner (center)
Vice President: Gary Cummins (not shown)
Secretary: Paulette Weaver (left), second year
Treasurer: Alice Gibson (second from left), second year

Inbound

Outbound

EXCHANGE CALENDAR

2
0
1
4

2
0
1
5

Myanmar Feb 20—Mar 5

Dot Cada 667-7548
dotcada@yahoo.com

Mtn. States Reg. Conference May 2-4
Salt Lake City

Kiel, Germany May 21—June 9
& Cruise/Tour

Marcia Ross 377-0512
Cindy Paulson 225-2252

Curitiba, Brazil August
Inbound

Debby Jones 686-0303

St. Louis, MO 5 nights TBD,
between Sept 21—Oct 4

Alice Gibson 310-8848

FFI International Conference

Auckland, NZ October 14—16

Harrisburg, PA Fall
Inbound

ED Needed

Refer to our website, ffncolo.com for newsletter issues and information on Programs, Exchanges, Leadership contacts, Upcoming events and for opportunities to apply for other regional club Exchanges (see Regional).

2014 OFFICERS & COMMITTEE CHAIRS

PRESIDENT: Marilyn Garner

493-4137 garner.marilyn@gmail.com

VICE PRES: Gary Cummins

682-2266 gary@gscummins.com

SECRETARY: Paulette Weaver

356-5068 interweaver@greeleynet.com

TREASURER: Alice Gibson

310-8848 aligibs@yahoo.com

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484-2666 RNEJOHNSEN@aol.com

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278-9054 kthomaslvln@aol.com

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223-9855 thelmaslocum@comcast.net

225-2252 cdp225@msn.com

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493-0787 b.turnbull493@gmail.com

Music: Rosemary Donovan, Larry Clark

669-8818 donovangcd@aol.com

669-5426 clarksmail@msn.com

Store: Debby Jones

686-0303 dsj55@aol.com

Historian: Ken Weaver

356-5068 interweaver@greeleynet.com

Greeting Table: Willie Westdorp 667-6525

Nita Kopyay 613-2066

Hospitality: Rosemary Donovan 669-8818

Donna Clark 484-8009

Cheryl Stevens 663-4588

Tablecloth Mgr: Kay Sheahan

667-4473 kay6568@peoplepc.com

Lge. Drink Containers: Cindy Paulson

Ways & Means: Dick Johnsen & Doris Rogers

484-2666 RNEjohnsen@aol.com

203-9045 doris.rogers@live.com

Photographers: Cathie McCallum, Ed Brigden,
& Cindy Paulson

Reporters: Donna Clark, Cindy Kenna, Barbara Miller, Thelma Slocum, Marion Sparks

MEETING EVENTS



Singing: “..let there be peace...”



Snack Time

MORE FFNC NEWSLETTERS ON WEBSITE!

Can you put your hands on your copy of the June, 2012 FFNC newsletter? Call another FFNC member and get others involved in your search. After all, we have plenty of time. Many are retired, right?

Wait! A better idea! Visit ffncolo.com and click on Newsletters. And **voila!** There is the June, 2012 issue among up to 33 past issues. See how much time you saved when you utilized our website? And you still have friends.

Ed Brigden

ENJOY MOUNTAIN REGION CLUB NEWSLETTERS

Wonder what other nearby clubs are doing? Or what Exchanges each club is hosting or planning? Now you can easily review a newsletter from each of the other clubs in our Mountain Region. Visit our website, ffncolo.com, click on Regional and then select a newsletter of interest from the Regional Newsletters box.

If you have an interest in a particular article or a detail from one of these newsletters, please print or make notes. There will be no archives of past issues; only the most current issue will be available on our website.

Currently selections include newsletters from the Denver, the Pikes Peak (Colorado Springs) and the Western Colorado (Grand Junction) clubs. As others become available, they will be added.

Ed Brigden

ESTHER SADEH ILL

Sadly we learned that Esther Sadeh had a heart attack recently. Paramedics reacted in good time and she is recuperating.

Esther is now at: **Flatirons Manor, #162, 830 28th St., Boulder, CO 80303**
willyesther1@gmail.com