



friendship force  
NORTHERN COLORADO

# FRIENDSHIP FLYER

Cindy Paulson—Editor & Publisher

2012

July-Aug

## Fort Collins, Greeley, Loveland, and Surrounding Areas

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**Next FFNC Event:**  
**August 26, 2012**  
**Picnic in Cheyenne**

1-4 p.m.

Lions Park

North Picnic Shelter

901 Martin Esquibel Dr.

Cheyenne



*Marcia Ross*

### BENSON GARDEN

My how our garden doth grow! Plants are blooming, and the garden looks very well tended! Special thanks to Nancy Bridgen and Cinda Clark for their efforts to design plantings and organize workforce dates to maintain our gardens. Also, thanks to the many FFNC members who have lent a hand planting, weeding, mulching and trimming the gardens. All are welcome to come and help keep the garden tended any day, even if you can't come on the proposed group dates. We can be proud to show off our adopted garden to exchange groups and other visitors! For information about upcoming summer gardening sessions, see page 2.

### REGIONAL PICNIC

I'm hoping many of our members will be able to attend the Regional Picnic at Lions Park in Cheyenne on August 26 from 1-4 p.m. Cheyenne will supply the meat, drinks and table settings, and each of us needs to bring a side dish to share. **If you will be attending, please email your name and phone number to [mross377@msn.com](mailto:mross377@msn.com) or call me at 377-0512 by July 27**, as Cheyenne needs an accurate count of attendees. Please indicate if you would like to be listed on the YES, I WANT TO CARPOOL list. I'll post a list of all who indicated interest in carpooling and will leave it up to you to make your own carpool arrangements. See page 3 for directions to Lions Park.

### HARRISBURG, PENNSYLVANIA OUTBOUND EXCHANGE

Kay Thomas has been in contact with the FF Harrisburg, PA club, and they are recommending late April to early May of 2013 as a wonderful time for our club to come and visit them. This is an exchange many of our members requested that we pursue, and now that it's in the works, we need to find out who is seriously interested in participating in the exchange. From that group, we will need to select an ED (or you may volunteer to fill this role by filling out an ED Application and sending it to Marcia). **If this is an exchange you're interested in joining, please send an email to Kay Thomas at [kaythomaslvnd@aol.com](mailto:kaythomaslvnd@aol.com) or call her at 278-9054 by July 27 to get on the list.** We're anticipating around 15 ambassador slots will be available. Details regarding cost and travel arrangements will be made when an ED is selected.

## BENSON GARDEN NEWS by Nancy Brigden

July-August 2012



Thanks to everyone who has worked on the garden this spring. And boy does it show that you have been attentive! All of the new plants are beginning to bloom and the old standbys are also breaking into blossom. It looks terrific! The Adopt-a-Garden Program Coordinator, Harry Love, gave special kudos to Cinda for our efforts to bring the garden back to a showy area again. He stated in his formal thank you, "***With your ongoing care, the garden will provide a beautiful setting for Sculpture in the Park in August.***"

Grab some short handled nippers or scissors, a plastic bag for trash, and come with your hat, bug repellent, and cool water to the garden and join us for one of these work sessions at our FF garden.

**Wed. Evening, July 25 at 7 p.m.**

Refreshments and relaxation at Clarks' afterward: 2832 Logan Dr.

**Saturday Morning**

**August 4, arrive 7-8 a.m.**



## DEVELOPING EUROPEAN ADVENTURE TO CYCLE & RAMBLE

We (Nancy & Ed Brigden) are exploring the possibility of joining a **Global Cycling Exchange in Belgium in May, 2013** with an add-on week of **Rambling Along the SW Wales Coast**.

Dates have been set for the Belgian-Netherlands Exchange to start on May 29, 2013 with a homestay in the **Limburg Province** club, then cycle on to the **Province of Brabant** for a visit with the **F.F. of Leuven** and finally to end up in The Netherlands with a homestay with the **F.F. of Netherlands East**.

FFNC has played host to **Limburg** and to some members from **Netherlands East** so it will be great fun to see those friends again. Cycling daytrips are being planned to explore each of the areas with maximum rides of 15-20 miles. From visits there in the past, we were excited about the off road pathways that lead along or through farmers' fields and small villages. It was great fun and we look forward to more.

**The Ramble in Wales** would encompass day walks of 10-12 miles through paddocks, coastlines and rolling hills. Each day will end with a stay in local inns and pubs along the route. Participants will be limited because of small inn accommodations. We are discussing with FFI what might exist for connections with one of 2 British clubs.

If you have any interest in either or both of these adventures, please contact Ed or Nancy Brigden.

brigden@comcast.net

381-5809 352-3829



## Friendship Flyer

## PICNIC IN CHEYENNE, AUGUST 26 1-4 P.M.

Join us in Cheyenne for our annual picnic with friends of the Estes Park & Cheyenne FF Clubs.

**Please remember to bring a side dish to share.**

We'll have our picnic at the **North Picnic Shelter Lions Park** in Cheyenne

**Directions** from I-25:

1. Take the Central Exit.
2. Stay in the right-hand lane.
3. Once you pass the first stop light you will see a turn only lane. Get in that lane.
4. Turn right (west) onto Kennedy Drive.  
Lions Park will be on your left.
5. Take the very next left turn into the Park.

Lions Park North Picnic Shelter will be in front of you and to the right.

The address is 901 Martin Esquibel Drive.

## NEW MEMBER ORIENTATION

New members of the Friendship Force of Northern Colorado were welcomed at an Orientation Social held at the home of our president, Marcia Ross on Wednesday evening, July 11. New members have been paired with experienced members who will mentor them during their first year in the club. The evening included brief presentations about the components of Friendship Force:

- History of Friendship Force International and FF of Northern Colorado
- FFNC monthly meetings and programs
- Special events and activities
- Friendship Force Exchanges
- Hosting, Day-Hosting and Evening-Dinner Hosting
- Communication & Information: FFNC Website, Newsletter & Directory
- Friendship Force Jargon
- The Buddy System: Mentoring

Our newest members and their mentors are:

- Marta Aguayo: Lavada Goranson, mentor
- Rona Baer: Cindy Paulson, mentor
- Donna Clark: Thelma Slocum, mentor
- Lydia & Ray Garcia: Ed & Nancy Brigden, mentors
- Christine Hall: Marcia Ross, mentor
- Ed Jacobaskus: Barb Turnbull, mentor
- Merritt Martin: Dick & Esther Johnsen, mentors
- Arla Squires: Carolyn Crowley, mentor



## JUNE 8 MEETING PROGRAM - MARIA FARINANGO

**Maria Farinango** lives in Otavalo, Ecuador with her husband, **Tino Picausi**, and their eight-year-old son. In her presentation, Maria shared her life story with the help of her Loveland host, **Kay Saelens**, who asked her questions and read excerpts from Maria's recently released book, *The Queen of Water*, coauthored by Fort Collins author, Laura Resau. The story in the book follows the actual events of Maria's life, but was edited by Laura. Maria asked for Laura to "make it more interesting" so, it is a novel based on a true story. The book tells Maria's life from age four to eighteen. It details her family life in her village, and being taken as an unpaid servant by a couple when she was seven. She was beaten by her new family and not allowed to go to school as had been promised, so she did not learn to read until age fourteen. She was able to escape and to finish high school. At age eighteen, Marica won a beauty pageant and was crowned "The Queen of Water," a title which has named her book.

Later, she met **Tino Picausi**. They married in Japan which was their dream, and travelled together. She continued her studies at the university level because Maria always had a dream to get an education with her life motto being "If you want it, you can do it".

The book came about when Maria met Laura Resau at Front Range Community College in Fort Collins and had the opportunity to talk her and share the story of her life. They decided to write a book which they worked on together for seven years. Maria was proud to tell us that her book has been rated 4.5 out of 5 stars.



At the FF meeting, Maria had a table sharing pictures of her life in Ecuador, displays of Ecuadorian merchandise including jewelry, purses and scarves. She had copies of her book and Tino's cd's available for purchase. Anyone interested in making purchases can call Maria at 970-278-1411.

Maria and Tino are involved with two programs of Christian ministry. They are: 1. **Vida**, which provides bibles to new believers. 2. **Casa Familiar**, which is dedicated to teaching about Jesus and the Bible by sharing family experiences and music. They receive international families into their home.

Maria works in cosmetology now and is working on a degree in psychology and will graduate next year. She wants to share her story "to let young people know that you can control your life". Laura Resau shared on her website that this "is a girl's unforgettable journey to self-discovery (that) will speak to anyone who has ever struggled to find his or her place in the world". *The Queen of Water* is available at Firehouse Books in Fort Collins or by calling Maria at 970-278-1411.

~ Brenda Wiginton, Reporter

## Friendship Flyer

**WEBSITE: FFNCOLO.COM**

Have you visited our FFNC website yet? If so, I hope that you found what you wanted. If not, take a few moments to check us out. The 15 pages of information were designed for our FFNC member use. The website includes: *Programs, Exchanges, Upcoming Events, Newsletters, History, Forms, Regional clubs, Officers and Chairs, Contact information, area exchange activity options, Who We Are*. And, the site is also intended to pique the curiosity of non-FFNC website visitors – to provide information and to attract newcomers to become one of us or to encourage distant FF Exchange committees to positively review what Northern Colorado has to offer.

What is next month's program? Can't put your hands on the last newsletter? Who is the membership chair? Which Exchanges to apply for next year? Need an exchange application form? Curious about what our Store offers for gifts for an upcoming exchange? Use our website for answers and for any other FFNC information that you seek.

In the past 30-days, Google informs us that our site had 66 visits, of which 62% were by first-time visitors by 47 individuals. Visitors averaged 3.2 pages for an average 4 minutes 12 seconds per visit. In addition to the USA, visitors were from Ivory Coast, Argentina, France, UK, Netherlands, Russia and South Africa. Wow!

The website is maintained regularly, updated when new information comes to my attention. Our website is a work-in-progress; many changes and additions are planned, including more information and pictures. We invite your feedback and suggestions. **Click away!**

~ **Ed Brigden**, web-master for **ffncolo.com**

**MYANMAR GLOBAL DISCOVERY EXCHANGE**

Plans are progressing for the Myanmar Global Exchange for Aid & to Access a new Friendship Force Club. As you know, our club has agreed to take on the role of MENTOR for the new Friendship Force club that we hope to establish in Myanmar. So far, we have one FFNC member and six FF members from other clubs, who are planning to participate in this unique opportunity. It would be ideal to have more participants from our club, since we are officially the mentoring club.

Please take another look at the flyer that is posted on our website: [ffncolo.com](http://ffncolo.com) Click on the EXCHANGES tab, then scroll down to find the Myanmar Exchange and flyer.

Myanmar's landscape includes pristine beaches, snow-capped mountains, and virgin jungles. Their rich cultural heritage spans more than two thousand years and is home to 135 different ethnic groups!

We have multiple purposes with our Discovery Exchange:

- \* to help get a new FF club started
- \* bring humanitarian aid to Myanmar
- \* meet people and learn about the culture of this country in SE Asia
- \* see exotic scenery
- \* experience the breathtaking beauty and charm of this fascinating country

**Date: February 2013**

Costs estimated at \$2,500 including FFI fees, all meals, lodging, guides, transportation and flights within Myanmar.

Note: International flights are additional

**Organizer (E.D.) Dot Cada**

[dotcada@yahoo.com](mailto:dotcada@yahoo.com) 970 667-7548

## Sign-up to Participate in Lincoln Week with FFNC

All hosts, dayhosts, and others who are able to participate in the Lincoln Exchange activities must PRINT AND FILL OUT THIS SIGN-UP SHEET, and mail it with your check by August 10. Questions? Call or email Exchange Director: Carolyn Crowley 377-1299 cjcrowley@gmail.com

Mail to: Carolyn Crowley; 7492 WCR 84: Fort Collins, CO 80524

### Lincoln Exchange Itinerary – Sept 6 - 12, 2012

Events	Cost		Number	Total Cost
<b>Thursday, Sept 6 - Welcome</b>				
* 5:00 Welcome Pot Luck - Poudre Leaning Center - Greeley				
Meat provided, please bring side dish or dessert				
Attending <input type="checkbox"/> Yes <input type="checkbox"/> Number				
<input type="checkbox"/> No				
<b>Friday, Sept 7 - Fort Collins</b>				
* 9:30 Global Village Museum	\$3.00	x		\$
*11:30 New Belgium Brewery Tour (25)				
* 1:30 Lunch @ Garden's on Spring Creek	\$8.00	x		\$
* 4:00 CSU Veterinary Hospital Tour (20)				
* 5:30 Dinner - FC Restaurant TBA	\$16.00	x		\$
<b>Saturday, Sept 8 - Estes Park</b>				
* 9:30 Scottish-Irish Highland Festival Parade				
*11:00 Beaver Meadows Visitor Center (Film)				
*12:30 Box lunch @ Hidden Valley	\$8.00	x		\$
*PM Sightseeing/Shopping/Wine Tasting				
Scandinavian Midsummer Festival				
<b>Sunday, Sept 9 - Free Day</b>				
* Free day with hosts				
* 6:00 Community Dinners				
<b>Monday, Sept 10 - Berthoud/Loveland</b>				
* 8:30 Johnson's Corner - Mini Cinnamon Rolls/Coffee	\$4.50	x		\$
*10:00 No Colo Water Conservancy Dist Tour				
*12:30 Picnic Lunch - N Lake Loveland	\$10.00	x		\$
* PM Benson Sculpture Park/Chapungu Park				
*Ambassadors treat hosts to dinner				
<b>Tuesday, Sept 11 - Red Feather Area</b>				
*12:00 Shambhala Mountain Center - Lunch	\$10.00	x		\$
* 1:30 The Great Stupa Tour	\$5.00	x		\$
* 5:00 Farewell Dinner - Alice Gibson's Cabin - Crystal Lakes				
		<b>Total Paid:</b>		
<b>Note Special Requests:</b>				
Name:			Phone:	



Inbound

Outbound

**EXCHANGE & EVENT CALENDAR**

**To CHEYENNNE for Annual Picnic**  
August 26, 2012 1-4 p.m.

**Lincoln, NE** Sept. 6-12 , 2012  
ED: Carolyn Crowley 377-1299  
cjcrowley707@gmail.com

**To BRAZIL** Sept 18- Oct 6, 2012  
**Homestays at Sao Jose do Rio Preto  
& Curitiba Metropolitan + tour**  
Judy Flatley 223-1037 flatjl@msn.com

**South Taranaki, NZ** October 14-21, 2012  
Cindy Paulson 225-2252 cdp225@msn.com

**Open World From Russia: Energy Efficiency**  
October 26-Nov. 3, 2012  
Dot Cada 667-7548 dotcada@msn.com

**To FFI World Conference** in HIROSHIMA  
October 30-November 3, 2012

**To DALLAS** November 7-14, 2012  
ED Alice Gibson  
310-8848 aligibs@yahoo.com

**To COSTA RICA** January 6-22, 2013  
**Turrialba homestay plus tour extension**  
Co-EDs: Cindy Paulson & Marcia Ross  
cdp225@msn.com mross377@msn.com

**To MYANMAR** February 2013  
**Global Exchange for Aid  
& to Assess New FF club**  
Dot Cada 667-7548 dotcada@msn.com

**Mid-Willamette Valley, OR** June 12-18, 2013  
ED Anne Brown, Asst ED Nita Kopylay

**Penticton, BC, Canada** September 2013  
ED Barbara Miller Asst ED Kay Thomas

**To DISCOVER EUROPE** Sept 23-Oct.8, 2013  
**"Jewels of Central Europe"**  
Krakow, Vienna, Bratislava, Prague, Budapest  
ED Cinda Clark clarksmail@msn.com  
970 669-5426

**2012 OFFICERS & COMMITTEE CHAIRS****PRESIDENT:** Marcia Ross

377-0512 mross377@msn.com

**VICE PRES:** Kay Thomas

278-9054 kthomaslvld@aol.com

**SECRETARY:** Marilyn Garner

493-4137 garner.marilyn@gmail.com

**TREASURER:** Dennis Miller

667-7330 dmill5050@comcast.net

**Programs:** Esther Johnsen

484-2666 RNEJOHNSEN@aol.com

**Exchange Coordinator:** Kay Thomas

278-9054 kthomaslvld@aol.com

**Website:** Ed Brigden

381-5809 brigden@comcast.net

**Newsletter Editors/Publishers:****Ed Brigden, Cindy Paulson , Marilyn Garner**

381-5809 brigden@comcast.net

225-2252 cdp225@msn.com

493-4137 garner.marilyn@gmail.com

**Publicity:** Anne Brown

663-3727 abby144@aol.com

**Member Directory:** Ed Brigden

381-5809 brigden@comcast.net

**Membership:** Thelma Slocum & Cindy Paulson

223-9855 thelmaslocum@comcast.net

225-2252 cdp225@msn.com

**Telephone Tree:** Barbara Turnbull

493-0787 b.turnbull493@gmail.com

**Music:** Rosemary Donovan, Larry Clark

669-8818 donovanged@aol.com

669-5426 clarksmail@msn.com

**Store:** Paulette Weaver & Barb Turnbull

356-5068 interweaver@greeleynet.com

493-0787 b.turnbull493@gmail.com

**Historian:** Ken Weaver

356-5068 interweaver@greeleynet.com

**Greeting Table:** Willie Westdorp 667-6525

Carolyn Crowley 377-1299

**Hospitality:** Mary Riney 330-5248

Debbie Jones 686-0303

**Tablecloth Mgr:** Kay Sheahan

667-4473 kay6568@peoplepc.com

**Lge. Drink Containers:** Cindy Paulson**Ways & Means:** Dick Johnsen & Doris Rogers

484-2666 RNEjohnsen@aol.com

203-9045 doris.rogers@live.com

**Photographers:** Cathie McCallum, Ed Brigden,  
& Cindy Paulson**Reporters:** Barbara Miller, Marion Sparks,  
Thelma Slocum, & Brenda Wiginton

## NEWS FROM FIELD REP, BETTY JEAN DEMERSSEMAN

July-August 2012



Betty Jean DeMersseman

### June FFI Conference Call

At the recent **All Canada FF Conference**, each club submitted a short report to the Field Rep and that report was given to the delegates. John Wilhelm had a suggestion for Home Hosting EDs. If the hosting club seeds the event with some extra funds, then the price for the Hosts and participants is not so high and more people could attend each event.

BJ passed along the Cheyenne experiment of **Touring the City** the day before the regional as a way of increasing participation. Very successful!

The **FFI World Conference** will be in New Orleans in 2013. The **Leadership Caucus** will be held before the opening of this International conference. US Clubs are invited to participate in the **Thanksgiving Home Stay following the 2013 Conference in New Orleans**. FFI is looking for 5-10 families in each destination area to come forward. It will be mostly Individual Opportunities with maybe one club event. Are you interested?

The **Mountain States Regional Conference** has been scheduled in Utah for 2014.

Hiroshima now has 350 delegates attending, including 60 from the US and 25 from Canada. About 100 are electing to participate in the Home Stay. At least 10 clubs in Japan have agreed to Home Host.

The **Expansion Plan** has added 15 new International Clubs. There are affiliate programs to work with US clubs in several areas.

**Cruises** are being added to the FFI itinerary. Watch for the **Voyage of Discovery** to Spain & Portugal to be announced for September 2013.

## CONGRATULATIONS 2013 OFFICERS!

At the June 8, 2012 meeting,  
the FFNC membership unanimously elected  
the following members who will take office in January 2013:

**President: Marcia Ross**

**Vice President: Marilyn Garner**

**Secretary: Paulette Weaver**

**Treasurer: Alice Gibson**

Congratulations and thank you to our 2013 officers!