



friendship force
NORTHERN COLORADO



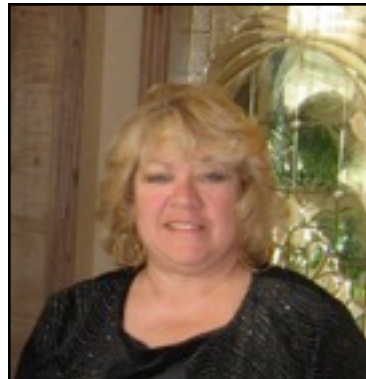
July/August
2018

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FRIENDSHIP FLYER
FORT COLLINS, GREELEY, LOVELAND, AND SURROUNDING AREAS

FROM THE PRESIDENT



I hope everyone is staying out of the heat, we certainly are getting a lot of 90-degree days and interesting rain patterns. Guess that's summer in Colorado. I want to thank all of you who were able to attend Larry and my 50th Wedding Anniversary open house on June 9, 2018. What a treat to have 110 guests (friends and family) be in one place at the same time. It was A WONDERFUL Day. Thank you. (see picture page 3)

At our last Board Meeting I shared with the board that the Piracicaba, Brazil club withdrew their request to come to FFNC in May. The e-mail I received from Hemily Nogueia said, "Unfortunately, Piracicaba let me know May is not doable for them-I apologize once again for the inconvenience this might have caused and I'll contact you in case they rethink the month-for the moment, I'll need to work on finding them some hosting for August or September." so we are without an inbound and an out bound for 2019. We will be involved with the FFI World Conference in July of 2019 and most likely will be asked to do some hosting before and/or after the conference. We have four members of our club helping Sue Palmer, our regional rep. from Grand Junction, with her committee for the conference. They are Cathie McCallum and Debby Jones. Kay Thomas and Marcia Ross agreed to help where needed. They are quite experienced in planning big events.

Our inbound from St. Louis is coming up quickly September 5-10th Let Debby Jones know if you can help in any way with that Journey. Remember to attend the Cheyenne picnic on Sunday, August 5th. Cinda Clark is working with Dave Bentzin on the planning for this event. Plan to attend and maybe bring a member that no longer drives but would love to go.

See you in Cheyenne

Thelma Slocum, President FFNC

Next Meeting:

August 5
Annual August Picnic
in Cheyenne



September 14
2000 Lincoln Avenue
Loveland, CO 7 PM

ANNUAL PICNIC WITH CHEYENNE

**Sunday, August 5th, from 1:00pm to 3:00pm
at the North Shelter of Lions Park in Cheyenne**

Summer Greetings, Friendship Force Folk!

The annual summer picnic with FF Cheyenne is coming up soon. They need to know how much fried chicken to provide!

Details: Sunday, August 5th, from 1:00pm to 3:00pm at the North Shelter of Lions Park in Cheyenne. If you wish, you may tour the nearby Botanical Garden and its new Grand Conservatory. More information at: <https://www.botanic.org/> and scroll down to the Grand Conservatory and also the Paul Smith Children's Village.

Please let me know by return email if you plan to attend, or not. Bring a friend if you like, to introduce him or her to the fun of Friendship Force. Should you need a ride, let me know.

Each of us (or couple) is asked to bring dessert to share. (Please be generous. They always are.)

Cinda Clark
FFNC Picnic Coordinator

FFNC PROGRAM REPORT FOR JUNE MEETING



Four of our members reported to us on their recent travels, and shared interesting insights and lessons learned. **Marilyn Garner and Thelma Slocum** represented us at the FF Western Regional Conference in Sacramento in May, and reported it was an excellent conference. Marilyn shared that Sacramento is in the top ten of most diverse cities in the USA. She was particularly impressed by keynote speaker Joy Justice, who works with refugees and immigrants, as the world is going through the greatest refugee crisis in history, with over 60 million people displaced. Joy works for an organization called World Relief. She reported that the median time in many refugee camps is about 4 years,

and some spend up to 20 years in the camps. There are multiple levels of security screening and interviews, and immigrants have to take a variety of classes before they assimilate into a new country. Support teams are assigned to assist with language, finding food, medical care, jobs, transportation, housing, etc. Marilyn noted that there are numerous ways volunteers can support these people who, for a variety of reasons, are unable to return to their home countries. Marilyn also spoke about some ideas from FFI on intergenerational journeys and activities, aimed at bringing in younger members.

FFNC PROGRAM REPORT FOR JUNE MEETING CONTINUED...



Thelma & Larry at 50th

Thelma shared that 125 members attended from 25 different FF clubs. There's a general theme in most clubs to try to sustain and grow membership, and rekindle excitement in club activities beyond Journeys. She passed around a chart with a variety of ideas that could provide social interactions among club members such as LEOs (Let's Eat Out), crafting for a cause, fundraising to help immigrant families, youth scholarships, etc. You can contact Thelma to learn more about these ideas. She reminded us that FFI endorses individual clubs setting up mutual agreements with other clubs for domestic exchanges, and then letting FFI know the arrangements.



Debbie Jones attended the FFI of the Sea, an 18 day cruise from Fort Lauderdale to Copenhagen. The FF attendees were among 2500 passengers. They had daily meetings and activities, and enjoyed getting to know other FF members from around the globe, as well as spreading the word about the joys and mission of FFI among other passengers. She shared that FFI is in the process of revamping electronic communication, reaching out to a variety of sites that are frequented by younger users. A bit more information about the World Conference in Boulder in 2019 was shared, including that there seemed to be good enthusiasm for participants staying in the dorms, having access to the cafeteria and being on the CU campus.



Dot Cada gave us an overview of her multiple trips to Myanmar since 2004. She shared stories about her involvement on trips with FF members Kathie Weinmeister and Barb Englehardt to deliver multiple suitcases of school supplies and clothing to children, and their efforts over the years to try to set up support networks for hundreds of children who don't have child care or food. Dot and others have worked tirelessly providing medical help, English instruction, hope and goodwill to the people of Myanmar. Their last several trips have focused on providing English language instruction to vocational school students, mainly to enhance their skills for various jobs in the tourism industry. Member Jeff Allen is now coordinating the teaching lessons and will participate in his second Myanmar Journey in 2019. Through a slide show of beautiful faces and places, it was shown that beyond tutoring, Myanmar Journey participants get to do some very interesting sight-seeing of beautiful monuments, monasteries, busy cities and incredible scenery. During their last journey, they participated in an activity to light 1,000 candles for peace. The next Myanmar Journey, in 2019, will be in partnership with Rotary International. Kudos to Dot for her boundless enthusiasm and support for both Saratov and Myanmar citizens.

SOCIAL COMMITTEE PLANS UNDERWAY

I presented at the June 8th meeting the idea of a Social Committee and passed out a form for people to give me feed back on the types of social activities they might be interested in and may be willing to arrange. I'm setting up a committee to explore our options. This is not really new, as Rona has been keeping members abreast of movies, theater, eating out events for quite a while. This idea was presented at the Western Super Regional Conference as a way to answer some of the following questions. Why are your members leaving? Does anyone contact members that do not renew? Compile a list of optional activities for members to share such as performing art events, walking tours, wine or craft beer tasting, crafting events, meals together at restaurants, mystery events, book club, golf group, etc. Things to keep people involved who may not travel anymore or even feel that can host but can be vibrant members still enjoying our club. I will discuss this more at our September meeting.

Thelma

2019 OFFICERS ELECTED & AUDIT COMPLETED

At our June 8, 2018 meeting, we voted in the following slate of officers for 2019. Alice Gibson, president, Ken Weaver president elect, (Vice president), La Donna Palm, secretary/Historian, and Marilyn Garner, Treasurer. I also reported that our yearly audit by Larry Clark and Marilyn Garner was approved.

Thelma

DIVERSITY WORKSHOP

Preethi Fernando was our speaker in June 2017. She recently sent the following email:

Marilyn, I spoke at Friends of Northern CO. thanks for having me.

You are invited for a workshop on Diversity and Inclusion. It's free and open to everyone. Here is a 3 minute video: <https://youtu.be/wyrLKD7CU-4> Please forward this e-mail to a friend. See flyer.

Where: Candlewood Suites, [6046 E Crossroads Blvd, Loveland, CO](#)

Contact: 970 663 4316 ; preethifernando.com

DIVERSITY & INCLUSION IN THE WORK FORCE

A TWO HOUR INTERACTIVE WORKSHOP
FREE AND OPEN TO THE PUBLIC



PRESENTED BY
PREETHI FERNANDO
PREETHIFERNANDO.COM
AUTHOR OF "IT WOMEN WHO SHOOK THE WORLD"

WHERE AND WHEN:
Candlewood Suites,
6046 E Crossroads Blvd, Loveland, CO
Thursday, August 9th, 2:00pm-4:00pm
Contact: 970 663 4316 for questions

- Learn How To:
- Get diverse groups to work together, to achieve common goals
 - Use simple language and avoid communication barriers
 - Master effective listening skills
 - Handle four generations in one workforce
 - Protect yourself from possible diversity related law suits
 - Practice time management

FFI WORLD CONFERENCE IN BOULDER 2019



Hello Fellow FFNC Members,

I just participated in an online Go-To-Meeting with Sue Palmer, our regional director, and other members from our region, including Ken Weaver and Debbie Jones from FFNC. We discussed plans for the **2019 FFI World Conference to be held July 23 through 27, 2019 in Boulder on the CU campus.**

One major topic that we must consider immediately is home hosting pre and/or post conference. The typical pattern is that the club as a whole is not necessarily planning as we would for a classic inbound journey; rather home hosts make individual plans with their guests. Of course a broader gathering can be planned if desired.

Workshops/Plenaries are July 23-25; Social/Local Activities are July 26-27. Pre-home hosting would be July 18-22. Post home hosting would be July 28-31 or August 1. Because publicity starts very soon, FFI needs to know what pre and post options are available. Individual assignments will not be made soon, but FFI does need to know which clubs will offer home visits and how many beds are available. *Please let me know as soon as possible of your interest in hosting.* You might want to contact someone you know from another club and personally invite that friend to stay with you!

I realize that the conference is a little more than a YEAR away, but think ahead and save the dates.

I also accepted Sue's "invitation" to serve as Coordinator for conference registration involving welcoming delegates, assembling and distributing welcome bags, and assisting with on-site registration. Why did I agree? Because I KNOW I can count on some of you to help!

SO, first things first. Let me know if you would like to be a home host before or after the conference. I have no other details at the moment; just need to start with numbers.

Thanks,
Cathie McCallum

JOURNEY UPDATES FOR 2018

St. Louis will be here September 5-10. We are still in need of Day Hosts for this journey and Dinner Hosts for the small group dinners on September 6th. Contact Debby Jones or Dennis Miller if you can help.



Bristol -Halle Journey 14188 – September 25-October 11, 2018

Ambassadors for the Journey met at the Weavers for final plans and had wonderful German food! Final tickets are bought, plans are in place and hosts have been assigned. Contact Ken Weaver or Cathy McCallum for more information.

CHOOSE YOUR OWN ADVENTURE

Edmonton and Area and Lethbridge, Canada

August 12 to August 26, 2018

Coordinator: Paul Trotta, FF Connecticut

pltrotta@gmail.com

Join members of FF Connecticut on this Journey with two host clubs in Alberta, Canada. First we visit FF Edmonton and Area, located in a prairie city nestled in between a multitude of lakes and diverse natural



areas, large farms, market gardens, and vast oil and gas reserves. The Edmonton Area has a perfect blend of metropolitan amenities and entrepreneurial spirit, with cultural diversity and a tight-knit community feel. Then it is on to your second host club, FF Lethbridge, located only one hour from the majestic Waterton Lakes National Park, two hours from Calgary and an hour from the U.S. border. The scenic town's warm hospitality is matched only by the local weather - in fact, Lethbridge is in the top ten cities for the highest number of warm and sunny days year-round!

CHOOSE YOUR OWN ADVENTURE

Discover Costa Rica

October 10 to October 20, 2018

Coordinator: Edward Perez, FF Dallas

erperez54@gmail.com



Come get to see and know the best of Costa Rica- its people, its food, and its scenery. You will meet a lot of "Ticos"- a colloquial term for a native of Costa Rica, and be home-hosted by members of FF West Alajuela for your final three days!

Discover China

November 1 to November 16, 2018

Coordinator: Jim Kerr

judgejwkerr@juno.com



Meet new friends in Friendship Force's partner organization, Jiangsu International Center for Education and Culture, on this Journey that will introduce you to the traditions, foods, and history of China! You will start off with a week-long tour through some of China's most historic cities, including Beijing, Xi'an, and Shanghai, then spend your second week in Nanjing with your hosts, meeting people and interacting with other local organizations and cultural institutions.

DR. HITES OBITUARY

Dr James D Hites, 87, passed away peacefully June 28th, 2018 at Poudre Valley Hospital in Fort Collins, Colorado. Son of Gladys and Nester Hites of Ohio, he graduated from The Ohio State University College of Medicine in 1956. He married his high school sweetheart, Sylvia, in 1952. They honeymooned at Grand Lake. She earned her nursing degree from Ohio State also. He had worked two summers on the unfinished Granby Reservoir Farr Pumping Plant.

Two years U.S. Army medical service were followed by seven busy years of general practice in Cortez and southwest Colorado. In 1966, the family moved to Ft. Collins. Nineteen years of devoted family practice followed during which he made house calls and was generous to patients as a Board Certified Family Physician while on the medical staff at Poudre Valley Hospital. After a short break, he covered for a friend's practice in Alaska for an emergency. An unexpected request came to be the Shipboard Doctor for the fall 1986 Semester at Sea voyage. Jim and Sylvia found amazing experiences! He changed to locum tenens medicine. He filled various requests for a short-term doctor in ten states from Ohio to Alaska for 23 more years, and Sylvia usually accompanied him. They were living at Grand Lake when he had a bad heart attack and realized he needed lower altitude. They returned to Ft. Collins.

Jim belonged to Westminster Presbyterian Church then Trinity Church in The Pines at Grand Lake. He was in The Friendship Force, Rotary (in Cortez) and had helped with Boy Scouts. Jim loved fishing, flying, college football, and music; his humor will be missed by many.

He leaves devoted family - wife of 65 years Sylvia, son Steven (Gayla) of Skagway, Alaska and Redmond, WA; daughter Lucinda (David) Hites-Clabaugh of Forest Grove, OR; daughter Sarah Clements (Brad) of Granby, CO; two grandsons, Alwyn and Ryan, and two great grandchildren. He was pre-deceased by daughter Kathryn.

A memorial service will be held early October at Grand Lake with burial at Grand Lake Cemetery. In lieu of flowers, donations may be made to Poudre Valley Hospital Foundation or a charity of your choice. Many thanks to Goes Funeral Care, the Cardiac Unit at Poudre Valley Hospital and all the caring nurses and doctors who took care of him during the last years.

DID YOU KNOW



In the last year, Friendship Force received a prestigious seal of transparency from charity watchdog agency Guidestar. We have been working hard to build trust through stronger communication and transparency!

Friendship Force Pledge

As a member of Friendship Force, I recognize that I can make a difference. I recognize that I have a mission and that mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my fellow citizens and the people of other nations, the cause of friendship, love and peace can be furthered. I can make a difference.

JOURNEYS & EVENTS

Inbound

Outbound

SUMMER FF PICNIC

(SEE PAGE 5)

LIONS PARK IN CHEYENNE

SUNDAY, AUGUST 5, 2018

1:00-4:00 P.M.

FFNC AND FF CHEYENNE
CLUBS

ST. LOUIS INBOUND

SEPT. 5-SEPT. 10, 2018

HOST COORDINATORS (HCS)

DEBBY JONES 686-0303

DENNIS MILLER 667-7330

OUTBOUND JOURNEY

Halle-Saale, Germany and Bristol,
England

SEPTEMBER 26-OCTOBER 11

Ambassador Coordinators:

KEN WEAVER,

INTERWEAVER@GMAIL.COM

381-3611

CATHIE MCCALLUM

CATHIEMC@GMAIL.COM

223-0436

2018 OUTBOUND JOURNEY OPTIONS

GATHER YOUR FRIENDS &

CHOOSE YOUR OWN
ADVENTURE **SEE PAGE 6-7**

2017 OFFICERS & COMMITTEE CHAIRS

PRESIDENT: Thelma Slocum 223-9855

VICE PRESIDENT: Alice Gibson 310-8848

SECRETARY/HISTORIAN: LaDonna Palm
651-302-2024

TREASURER: Debby Jones 686-0303

Programs: Cathie McCallum 223-0436

FFNC Journeys Coordinator: **Judy Flatley** 223-1037

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Donovan** 669-8818Hospitality: **Cindy Paulson** 225-2252**Suzi Gossard** 206-1118Ways & Means: **Dick Johnsen** 484-2666**Larry Clark** 669-5426Music: **Rosemary Donovan, L. Clark**669-8818 donovangcd@aol.com669-5426 clarksmail@msn.com

Membership/Mentoring:

Marilyn Garner 493-4137 garner.marilyn@gmail.com**Kay Sheahan** 667-4473 kay6568@peoplepc.comGardening at Benson Park: **Kay Sheahan** 667-4473Telephone Tree: **Barbara Turnbull** 493-0787Store: **Debby Jones** 686-0303 dsj55@aol.comTablecloth Mgr: **Kay Sheahan** 667-4473

Holiday Party: Esther Johnsen, Suzi Gossard