



friendship force
NORTHERN COLORADO



2017

June

INSIDE THIS ISSUE

| | |
|--|---|
| May Program Report | 2 |
| June Program and election of Officers August Picnic! June & July Birthdays | 3 |
| Journey Updates BENSON PARK Volunteers Needed!!! | 4 |
| Connecticut Ambassadors Journey to FFNC | 5 |
| More Connecticut Pictures | 6 |
| Regional Conference | 7 |
| Exchange Calendar Officers & Chairs | 8 |
| Choose Your Own Adventure | 9 |

FRIENDSHIP FLYER

Fort Collins, Greeley, Loveland, and Surrounding Areas

FROM THE PRESIDENT

Thank you to all the members and nonmembers who participated in the activities during the inbound journey with Connecticut. In addition to home hosts, day hosts, and dinner hosts, members helped by gathering materials, making phone calls, stuffing gift bags, setting and cleaning up at activities, and working behind the scenes to make this such a successful journey for both clubs.



Mark your calendar now to save Sunday, August 6 from 1 to 4 for the annual picnic with Cheyenne. This year we will host in Edora Park in Fort Collins. FFNC provides meat; we members provide side dishes; Cheyenne provides salads and desserts. See page 3 for details.

The slate of officers proposed by the Nominating Committee and approved by the Board includes President Thelma Slocum, Vice President Alice Gibson, Secretary LaDonna Palm, and Treasurer Debby Jones. Nominations are also accepted from the floor. Come and cast your vote at the June meeting!

If you are interested in serving a more active role in FFNC but are not ready to hold one of the elected offices in 2018, please consider serving on a committee. The newsletter lists the active committees and current chairs. The president elected in June will be working to fill these positions for 2018. VOLUNTEER to participate in an area that relates to your interests and skills. If invited to serve, say YES!

Friendship Force is a group of friendly, supportive people working both as individuals and as a team to support the FF mission: to promote global understanding across the barriers that separate people.

Be sure to attend the FFNC meeting Friday, June 9 at 7:00 at First Christian Church, 2000 N. Lincoln, Loveland. Two significant events: election of 2018 officers and a "Getting to Know You" experience.

Cathie McCallum

Next Meeting:

"Getting to Know You"

Election of Officers



No Meeting in July



Picnic in August



Back to Meetings in September on the second Fridays

MAY PROGRAM - 17 WOMEN WHO SHOOK THE WORLD



What is it that makes someone succeed despite a disadvantaged childhood, a physical disability, or another major obstacle? Speaking at our May meeting, local author Preethi Fernando talked about seven of the seventeen women she wrote about in her award winning book, 17 Women Who Shook the World.

There was Wilma Rudolph who overcame crippling polio to win two Olympic gold medals and be called the fastest woman on earth.

Mother Teresa, after receiving what she called “a calling within a calling, left the relative comfort of the convent to go to live with the poor in the slums of Calcutta.

Oprah Winfrey, after getting fired from her first job decided she would change her future by changing her attitude.

After Amelia Earhart's first airplane ride, she knew she had to fly. She spent everything she had to achieve her dream, and then struggled to find a place in a male dominated field, while working tirelessly to promote other women in the field.

Suffering depression after her sister and mother died, Marie Curie turned to books. She became the first woman to win a Nobel prize, the first woman to win two Nobel prizes, and the only person to win Nobel prizes in two separate fields. She never patented any of her discoveries, and she died in poverty.

Eleanore Roosevelt had an alcoholic father, and she lost her mother when she was eight. Later she endured a domineering mother-in-law who lived next door. She believed that the “future belongs to those who believe in the beauty of their dreams.”

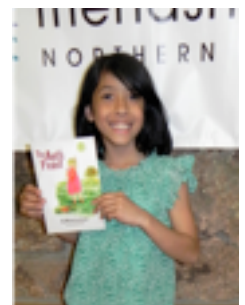
Victoria Woodhull had an alcoholic father and a mother who made her feel like a failure. At 15 she married an abusive, unfaithful husband. She and her sister became the first women to own a brokerage firm, as well as the first to own a newspaper. A leader in woman's suffrage, she was nominated by the Equal Rights Party to run for president, before women could even vote.

According to Preethi Fernando, these women all shared fifteen qualities which led to their successes. They were: 1) They had a dream. 2) They took responsibility for their own lives. 3) They were architects of the future, not victims of the past. 4) Success was a plan, not an accident. 5) They took calculated risks. 6) They saw opportunities where others saw problems. 7) From a pariah, they became a piranha. 8) They had excellent work ethics. 9) They believed in a force greater

than themselves. 10) They resisted rejection. 11) They turned fences into dreams. 12) They thought big. 13) They sought the right environment. 14) They lived life to the fullest. 15) They believed in themselves.

Ms. Fernando did not mention heredity as a factor, but her young daughter is certainly following in her mother's footsteps. We were entertained by the book she had written, The Ants' Feast about ants working together in order to carry away a large cookie.

Reporter: LaDonna Palm



JUNE MEETING

The June program provides the opportunity to find out things you always wondered but didn't think to ask about other FFNC members—and a chance to share some wonderful and new things about YOU!

At most meetings we listen to guest speakers share their stories, experiences, talents, ideas, and passions. Now it's time to learn more about each other in a non-threatening, interactive small group format. Think about yourself: Where did you grow up? Who is in your family? What are your professional or personal areas of skill, interest, expertise? What is unique about you? What else do you want others to know about you? Now try answering these questions about another member.

AUGUST PICNIC

Sunday, August 6 from 1 to 4 p.m.
Annual picnic with Cheyenne

DIRECTIONS TO EDORA PARK

Enter Edora Park from the main entrance on Stuart Street east of Lemay Avenue.

(Turn left at the sign). At the foot of the hill turn left and follow around the curve to the large covered pavilion on the left.



There is plenty of parking, nearby restrooms, and horseshoe and Frisbee courts. Bring your own horseshoes and Frisbees!

FFNC provides meat

We members provide side dishes

Cheyenne provides salads and desserts



JUNE AND JULY BIRTHDAYS

Happy Birthday

| | |
|-------------------|---------|
| Don Locke | June 14 |
| LaDonna Palm | June 14 |
| Rona Baer | July 20 |
| Nancy Brigden | July 4 |
| Dot Cada | July 23 |
| Judy Flatley | July 21 |
| Esther Johnsen | July 10 |
| Diane Locke | July 1 |
| Susan Mathre | July 18 |
| Barbara McClusky | July 25 |
| Larry Slocum | July 12 |
| Thelma Slocum | July 17 |
| Kathy Weinmeister | July 12 |

Friendship Force Pledge

As a member of Friendship Force, I recognize that I can make a difference. I recognize that I have a mission and that mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my fellow citizens and the people of other nations, the cause of friendship, love and peace can be furthered. I can make a difference.

JOURNEY UPDATES FOR 2017 & 2018

By the time you get this newsletter we will most likely have completed our hosting visit with the Connecticut Club and looking forward to the incoming Ottawa, Canada club on September 26 - October 4 with Hosting Coordinators Marilyn Garner and Kay Sheahan.

In 2018 we will be hosting the Detroit club coming in the spring (possibly May). The club from St Louis will come in the fall (possibly September). No dates have been determined as yet.

Our Outbound Journey will be to Halle-Salle, Germany and Bristol England sometime in the fall.

Though these Journeys are many months away, it is imperative that we start the planning process now. Please consider the opportunity to become a Journey Host Coordinator for our inbound visiting clubs or the Ambassador Coordinator for our outbound Journey to Halle-Saale, Germany and Bristol, England.

Please contact me if you are interested in any of these opportunities for 2018.

Journey Coordinator: Judy Flatley
[970-223-1037](tel:970-223-1037)

IMPORTANT DATE FOR SCULPTURE GARDEN

This is a reminder that **Planting Day at Benson Park** takes place on Saturday, June 3rd, starting at 9 a.m. Most of you know what to expect, but we have several new Adopt-a-Gardeners this year, so here is some additional information. The Loveland High Plains Arts Council provides the plants. The Loveland Parks and Recreation Department will supply gardening tools. If you bring your own favorite tools, please remember to mark them so you can find them if they get mixed up with other tools. Loveland's Solid Waste Department provides mulch, along with dumpsters for trash and recyclable gardening waste. We will have powered carts to help deliver mulch to your gardens, but you may want to bring your own wheelbarrows and a pitchfork or grain shovel. We will also have hoses available, and can help you find the nearest access to water. Drinking water, soft drinks, and snacks will be available at the Pavilion. LHPAC board members will be on hand offering assistance as needed and completing some projects of our own. June 3, 2017 is the date when plants and mulch are supplied to add to the beauty of the Sculpture Park Gardens. **This is a week before our meeting, but it is really, really important we have workers there to help. So--not only do we need the people who signed up but as many others as possible. Many hands make light work!** Questions? Kay Sheahan, [970-667-4473](tel:970-667-4473).

CONNECTICUT VISITS FRIENDSHIP FORCE OF NORTHERN

Our visitors arrived at Anne Brown's house for a fun welcome including surprise gifts from BJ who made each ambassador tell something about themselves before they could have their surprise bag. We had a lovely meal and the hosts took their ambassadors home.



Tuesday we visited Art Castings and then had lunch at Benson Park where Bill Moninger told the history of the park.



After looking at the sculptures we went to the Loveland Museum for a guided tour of the Governor's show. That evening we had dinner hosted at the homes of several gracious FFNC members.



Wednesday we had gorgeous weather to travel to RMNC. After the park movie, we split up to explore the park on our own.



Thursday was Fort Collins Day and we explored the history of Fort Collins on the Magic Bus. Lunch was at the FOCO Cafe, where we had a heartwarming tour of their operation whose mission is to build community by providing nutritious and delicious meals to the people of Fort Collins regardless of their ability to pay while using mostly local, organic, and sustainably grown ingredients. A tour of the Global Village Museum finished the day's planned activities.



Connecticut visits Friendship Force of Northern Colorado

Friday we visited Centennial Village in Greeley. We even got to meet Rattlesnake Kate and hear her fascinating story of killing 141 snakes with a fence post! For lunch we met at Bruce's Bar in Severance and had the opportunity to try Rocky Mountain Oysters!



That evening was our Farewell Dinner at the REA building in Windsor. It was a fine meal and the Great Loudini entertained us after dinner and kept us in suspense while nearly decapitating our newest FFNC member, Lorraine Janson! It was a successful journey only made possible by the generosity of the hosts, day hosts, dinner hosts, and many, many volunteers. Thank each of you so much!



SUPER REGIONAL CONFERENCE MAY 3-6



The Friendship Force Clubs of the Western States Region, Pacific Northwest/Northern Rockies Region, Rocky Mountain States Region and Western Canada invite you to attend the first biennial super regional conference of the western US states and Canadian provinces. The conference host is the Friendship Force Club of Sacramento.

The agenda includes a Presidents' meeting, keynote speaker, workshops, plenary sessions, gala banquet, cultural activities and fun.

*Venue: Holiday Inn Express and Suites
9175 West Stockton Blvd, Elk Grove, California 95758
(Sacramento area) Hotel: \$149 plus tax per night (double occup)*

*Arrive by noon May 3 for the presidents' meeting
with departures on May 6*

Post-conference hosting will be available, provided by California and Nevada area clubs. Conference lodging at the Holiday Inn Express and Suites.

*Conference Registration will open in August
Approximate conference cost: \$100 plus gala banquet (\$45)*

JOURNEYS & EVENTS

Inbound

Outbound

2017 Outbound Journey Options

Gather your friends &

CHOOSE YOUR OWN ADVENTURE

See page 8

Also check out the Friendshipforce.org
website**SUMMER FF PICNIC**EDORA PARK IN FT. COLLINS
1420 E STUART**SUNDAY, AUGUST 6, 2017**

1:00-4:00 P.M.

**FFNC AND FF CHEYENNE
CLUBS****Ottawa Inbound**

Sep. 27-Oct. 4, 2017

Host Coordinators (HCs)**Marilyn Garner 493-4137
Kay Sheahan 667-4473****Proposed 2018 OUTBOUND JOURNEY:**

FFNC to

HALLE-SAALE, GERMANY &
BRISTOL, ENGLAND

Details to be announced

Host Coordinator needed**2018 Detroit Inbound**

May ?

Host Coordinator needed**2018 St. Louis Inbound
September ?****Host Coordinator needed****2017 OFFICERS & COMMITTEE CHAIRS****PRESIDENT:** Cathy McCallum 223-0436**VICE PRESIDENT:** Thelma Slocum 223-9855**SECRETARY:** Kay Sheahan 667-4473**TREASURER:** Debby Jones 686-0303**Programs:** Esther Johnsen 484-2666**FFNC Journeys Coordinator:** Judy Flatley 223-1037**Newsletter Editors/Publishers:**

Ed Brigden, Cindy Paulson,

Sue Cummins, Marilyn Garner

381-5809 brigden@comcast.net225-2252 cdp225@msn.com682-2266 sue@gscummins.com493-4137 garner.marilyn@gmail.com**Reporter:** LaDonna Palm**Webmaster & Directory:** Ed Brigden 381-5809**Historian:** Kay Sheahan 667-4473**Publicity:** Anne Brown 663-3727
abby144@aol.com**Greeters Table:** Willie Westdorp 278-9054

Elle Barr 204-9722 Rosemary Donovan 669-8818

Hospitality: Nita Kopyay 613-2066 &
Dennis Miller 667-7330**Ways & Means:** Dick Johnsen 484-2666
Larry Clark 669-5426**Music:** Rosemary Donovan, L. Clark669-8818 donovangcd@aol.com669-5426 clarksmail@msn.com**Membership/Mentoring:**Marilyn Garner 493-4137 garnermarilyn@gmail.comMarcia Ross 377-0512 mross377@msn.com**Gardening at Benson Park:** Kay Sheahan 667-4473**Telephone Tree:** Barbara Turnbull 493-0787**Activities Coordinator:** Rona Baer 744-9974**Store:** Debby Jones 686-0303 dsj55@aol.com**Tablecloth Mgr:** Kay Sheahan667-4473 kay6568@peoplepc.com



Xalapa, Mexico

September 11 to September 18, 2017

\$345 USD Includes FFI and host fees.

Coordinator: Eileen Bintcliffe, FFCape Town

eileenb@mweb.co.za

Xalapa is known as the "Athens of Veracruz" because of the strong cultural influence of its major university, Universidad Veracruzana (the main public university in the State of Veracruz). We will explore the city, learn about the history of the area, and meet many of the friendly residents, including our wonderful host club, FF Xalapa! This Journey features an optional pre-trip extension from September 2 to 11, in Mexico City and Guatemala. View a detailed breakdown of daily activities in the Itinerary section. There is also a post-Journey extension to San Miguel de Allende, Mexico, followed by a stop-over in Louisiana, USA with FF Baton Rouge. Home Hospitality provided by the Friendship Force club of Xalapa.

Chicago, Illinois and Madison, Wisconsin, USA

June 18 to June 29, 2017

\$360 USD Includes FFI and host fees some meals and activities

Coordinator: Marie-Aimee Martin, Noumea, New Caledonia

mamartin.ffi@lagoon.nc

The city of Chicago, Illinois is celebrating its 180th anniversary this year, so this Journey is themed "City in a Garden." Chicago is a modern urban center and a beautiful and friendly city with opportunities for all. After Chicago, enjoy friendship, food, and the great outdoors in Madison, Wisconsin with opportunities to ride a paddle steamboat, dine at many local favorite restaurants, and attend social gatherings with your hosts and fellow ambassadors.

Discover The Philippines

October 10 to October 27, 2017

\$1850 USD

Coordinator: Chuck Goldfarb

chucklesgold@verizon.net

This is a Discovery Journey to the Philippines, including homestays in two provincial cities. Whether in the mountains or the lowlands, Filipinos are proud to show visitors their culture, cuisine, and hospitality. This is a Discovery Journey to the Philippines, including homestays in two provincial cities. Whether in the mountains or the lowlands, Filipinos are proud to show visitors their culture, cuisine, and hospitality.

If you are interested in more detailed information on these Journeys please visit friendshipforce.org and click on Journeys.