

#### Estes Park, Fort Collins, Greeley, Loveland, Windsor and Surrounding Areas

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#### **WFD**

Pot Luck supper African Dancers

April meeting topic to be announced

First Christian Church 2000 N. Lincoln, Loveland, CO

#### FROM OUR PRESIDENT

It's almost time for my favorite gathering of the club, World Friendship Day. We will meet at the 1st Christian Church at 6pm on March 8<sup>th</sup> for an international pot luck dinner and African dance performance.



~ Alice Gibson and Marcia Ross in Peru

Please bring a dish with an international flare to share and the recipe for any member who might be interested in recreating your gastronomic specialty.

This is also your opportunity to show off some of those costumes you've brought home from places you have visited over the years. I love seeing many of the members decked out in Asian, Caribbean, African and other international garb reminding me of the incredible journeys we've taken together over the years.

A big thank you to Thelma for organizing the evening and to Cathie for arranging our active entertainment.

On February 28, we will meet for our fifth monthly CLEO luncheon at SIMMER restaurant in Fort Collins. These luncheons have been very successful since their inception in October. We have had wonderful participation and have enjoyed spending time with our fellow members and getting to know them better with actual time to talk and share stories of adventures we've had & plans for future trips.

Upcoming events to keep in mind are the International World Conference in Boulder in July with post conference home hosting, possible journey to Axalapa, Mexico in the fall 2019, and the annual joint picnic with the Cheyenne club in August.

Alice Gibson

# FEBRUARY PROGRAM REPORT PAKISTAN BY MARCIA ROSS, REPORTER

#### PARAS MEMON, from Pakistan

Our Fulbright Scholar speaker from Pakistan, Paras Memon, is currently a PhD student in Computer Science at Colorado State University. Her presentation covered a broad overview of the history, culture, religions, population, education, attractions and historical places in the four provinces and the Kashmir region. Pakistan became a country in its own right when the area formerly under British rule was divided into the countries of Pakistan and India in 1947. This country in Southeast Asia, officially called the Islamic Republic of Pakistan, has a population of 212 million and is governed under three tiers: Federal, Provincial (local) and District. The predominate religion (96%) is Islam, with only 1.85% Hinduism, 1.59% Christianity, .22% Ahmadi and .07% "other".

Paras showed us photos of beautiful national parks, mountains and scenic vistas, including Shangri-La Lake. She described common instruments (uncommon to us!), and told us that many religious and national festivals are held throughout the country each year, with each province celebrating different customs and celebrations. It was interesting that the national game is field hockey; the most popular sport is cricket.

Her home province, Sindh, is mainly agricultural, producing crops such as rice, wheat, cotton, oilseeds, sugarcane, fruits and dates. She told us nearly every home has its own date palm trees. Crafts in the Sindhi culture include quilting, making special chairs and sewing scarves, caps, men's clothing and women's shawls. The province has its own Sindhi language which contains 52 letters, plus most people speak English and the official Pakistani language, Urdu. Every province has its own languages and dialects, so it is important that everyone learns Urdu so they can communicate across the country. Many important archeological discoveries have been made in the region. Some, like the Mohenjo Daro (Mound of the Dead) date back to a civilization that flourished between 2600 and 1900 BCE.

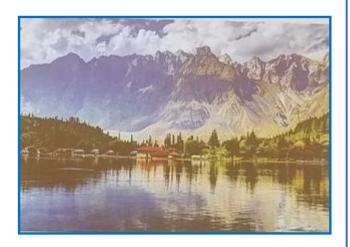
Paras has obviously worked hard to accomplish her academic success and her selection as a Fulbright Scholar. Throughout her presentation, she exuded enthusiasm for her studies, her experiences and her country.





## PHOTOS SHARED BY PARAS MEMON













### UPCOMING SOCIAL ACTIVITES

Due to the nature of the two upcoming Open Stage Pay-What-You-Can performances, I have decided to NOT promote them as an FFNC activity. You are welcome to look at the show descriptions on the Lincoln Center website and make your own reservations. Making reservations online holds tickets for you until 10 minutes before the start of the play.

March 8, 2019
WORLD FRIENDSHIP DAY
International Potluck 6:00 WFD celebration & Program 7-9

March 21, 2019 6:30 p.m

GAME NIGHT at the Millers
at 1302 SE Sixth St., Loveland RSVP 667-7330

#### HOSTING AFTER WORLD CONFERENCE IN JULY

Registrations are beginning to roll in and requests are being made by international and domestic ambassadors wishing to participate in the post-conference homestay in Northern Colorado. Thank you to the many who have volunteered to home host during either July 28-August 1 (standard homestay) or July 26-Aug. 1, (the extra 2 days as requested by several of our friends we've hosted or been hosted by in previous Journeys.)

At the March FFNC meeting, I will give you an update on the numbers to that point, and will have sign-up sheets for post conference activities including a small group dinner evening, day hosting and planning committee participation. We will have a few whole group activities, but will also allow some flexibility and free time. I hope many of you have already signed up to attend the conference, and will also be willing to share in this opportunity to welcome our guests after the conference. If you are aware of friends who have told you they would like to participate in the FFNC post conference homestay but haven't registered yet, please let me know right away. Also, if you have some great new activity ideas we can consider for this short homestay, please let me know.

Thanks,

Marcia Ross, Post Conference Journey Coordinator mross377@msn.com 970-377-0512





## JOURNEY OPPORTUNITIES

Friendship Force International provides opportunities to explore new countries and cultures from the inside by bringing people together at the personal level. Through the signature program of home hospitality, local hosts welcome international visitors into their culture, sharing with them meals, conversation, and the best sights and experiences of their region.

## Discover Mongolia and Siberia

August 1-15, 2019

This Journey will introduce you to two completely different countries and cultures in a matter of just 15 days! Week one is in Ulaan Baatar, Mongolia, and during the second week you will be in Ulan-Ude, Russia. Highlights will include sleeping in a ger camp, visits to Mongolian national parks, temples and museums, and the biggest statue of Chinggis Khan. In Ulan-Ude, you can look forward to visiting a Buddhist temple, spending some time on the shores of Lake Baikal, and getting a taste of Buryat national cuisine.

## Northern California Birding

October 11-18, 2019

The fall is a great time in the Sacramento Valley. Surrounded by rivers, lakes, and farmland, it makes a wonderful place for migrating birds. There are a variety of habitats including woodland, marshes, grasslands, and chaparral. Depending on the weather, we'll do some short hikes and/or car trips through some of the numerous wildlife areas and farm roads. Some of the birds you might discover are the yellow billed magpie, redtailed hawk, red-shouldered hawk, American kestrel, snow goose, tundra swan, northern harrier, western meadowlark, large flocks of black birds, great and snowy egrets, bald eagle, horned larks, great blue heron, white-faced lbis, sandhill crane, savannah and white-crowned sparrow, short-eared owl, and many types of swallows, to name a few!

## WORLD FRIENDSHIP DAY: MARCH 8, 2019

FRIDAY, March 8, 2019 (regular meeting day & place) 6:00-9:00 p.m.

International Potluck Dinner 6:00 WFD Celebration & Program 7-9

Come join us for **FFNC World Friendship Day** on Friday, March 8, 2019, at the church where our regular meetings are held. It's a good time to bring guests to a 6:00 pot luck and to be entertained by a troupe of African Dancers. Bring an ethnic dish to share and wear clothing you've acquired from your travels plus any photo albums or knick knacks that you have collected that you want to share. This is a good time for fellowship and fun with our Friendship Force members and guests. Thanks to all of you who have volunteered for set up and take down of this event. I appreciate all the help.

See you on the 8<sup>th</sup>. Thelma Slocum

### FALÉ: AFRICAN DRUM & DANCE OF FORT COLLINS

Falé means "bridge" in the Susu language of Guinea. Since its inception in 2005 the group has been dedicated to learning, teaching, performing, and promoting traditional African rhythm and dance throughout the Fort Collins area, connecting people from different cultures and life experiences. Our community is sustained by a deep respect for our teachers and studying, sharing, and celebrating together.







In Northern Colorado

Outbound

#### JOURNEYS & EVENTS

### March 8, 2019

### WORLD FRIENDSHIP DAY International Potluck 6:00 Celebration & Program 7-9

GAME NIGHT
March 21, 2019 6:30 p.m.
Dennis & Barb Miller's Home
1302 SE 6th Street; Loveland
RSVP 667-7330

March 28

Lucky Fin's Seafood Grill

4530 Center Place Dr., Greeley

RSPV to: Ken & Paulette Weaver 381-3611



April 25

Mimi's Café



1450 Fall River Dr., Loveland

RSVP to: Anne Brown 663-3727

May 23

Pueblo Viejo Mexican Restaurant

4630 Royal Vista Cir., Windsor RSVP to: Marcia Ross



June 27

Serious Texas BBQ 201 W 71 St. Loveland



RSVP to: Anne Brown 663-3727

FFI World Conference Boulder, COJuly 23-27

Get Registered ...
https://www.eventleaf.com/2019FFWorldConf

# 2019 OFFICERS & COMMITTEE CHAIRS

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## WHERE IN THE WORLD WILL YOU GO NEXT?

