

friendship force

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## Emotional Intelligence

Friday, May 11 7 p.m. First Christian Church 2000 North Lincoln Loveland



Fort Collins, Estes Park, Greeley, Loveland, Windsor, and more

### President's Message

Hopefully we're all getting into the mood for Spring; I have daffodils, tulips, and grape hyacinths all coming up in our yard, if the rabbits don't get to them first. As you heard at the meeting or read in our newsletter, the FF of Detroit cancelled their planned June visit to us. So, if you had signed up to host or help with that, **maybe** you would be willing to help Debbie Jones and Dennis Miller with the Inbound Journey from St. Louis, September 5-10. Be sure to contact Debby or Dennis if you are interested in helping and/or hosting.



As I'm sure you've heard by now, we did not get any of our requests for 2019 from FFI. We had put down Sweden, Netherlands, and Belgium or South Africa. Their response and explanation was as follows: *"Hosting in Europe is very limited, and we try to vary the program for the clubs which do still host. We also try to be fair in assigning clubs Journeys to Europe and currently, if a club has an assigned Journey to Europe, they will not be considered for an outbound to a club in Europe for the three years following. Since your club has a 2-week Journey to Europe for 2018, it is not likely you would receive another Journey assignment to Europe for a couple of years." (Sweden hosts one time a year and can host 12-15 people, and there were 68 requests for that club. Right now, the only outbound areas they have available are in Australia, Brazil, China, Ghana, and New Zealand. That's it. Forty-seven clubs requested to visit South Africa for the five weeks of hosting that they have available, so you can see the problem. All other available journeys are to clubs in the U.S.)* 

However, there is still room for four more ambassadors to go with Ken Weaver and Cathie McCallum to Bristol, England and Halle-Saale, Germany on September 25-October 12. And we have two clubs interested in coming to us in 2019, and we have been invited to come to Ottawa, Canada in 2019, so the board is working on those for next year. The Super Western Regional Conference in Sacramento is May 3-6, 2018. Three of our members will be attending that conference. Reports on that will be coming up.

Thelma Slocum

# **Emotional Intelligence**

## Presented by Dr. Susan Shoemaker

**EMOTIONAL INTELLIGENCE** is the theme of the May program presented by Dr. Susan Shoemaker, a high energy, positive, result-oriented professional with more than thirty years of national and international experience in change management, leadership development, and education. Her international assignments include work with the World Health Organization (WHO) in Switzerland and Egypt, for the Ministries of Health in Oman and Bahrain, and facilitating leadership workshops for NGOs in Armenia. She holds a BS in Business, an MS in Business Education, and an EdD in Education Curriculum Development. We are privileged to have her as our guest speaker on a topic relevant to all of us!

Have you ever noticed that sometimes it isn't the person who received the highest grade in a class who becomes the happiest or the most successful? Do you ever wonder why some people seem to know what to do in difficult situations and others seem unable to cope? This program will help you understand that there are different intelligences, learn about EI or emotional intelligence, measure you own EI, and help you tap into your own EI, allowing you to be more successful.

Join us Friday, May 11, for a unique program with a personal application presented by a fellow world traveler.

# Slate of Officers for 2019

President: Alice Gibson President Elect: Ken Weaver Secretary/Historian: LaDonna Palm Treasurer: Marilyn Garner With thanks to our nominating committee Chairman Cathie McCallum, Thelma Slocum, Larry Slocum

### And more business, with the following changes to our bylaws.

At the April 13 general meeting, members voted to approve the updates to the FFNC Bylaws as prepared by Barbara Miller and Cathie McCallum and approved by the Board. Significant changes include: ARTICLE V, Section 4: Combining the roles and responsibilities of Secretary and Historian into one Secretary/Historian.

ARTICLE VIII, Section 2: Specifying the schedule of regular meetings, including the July break, the August picnic, and the December party.

ALL SECTIONS: Wherever appropriate the terms Host Coordinator, Ambassador Coordinator, and Journey Director were used to replace references to Exchange Directors.

## What a Delight! Post-View and Pre-View, All in One Night!

In April, **Cathie McCallum** treated our Friendship Force gathering to a picturesque post-view of her "Pubs and Gardens" Global Journey to Australia in the fall of 2017. The garden and flower pictures were professional quality, making us wish we had been on this Journey. The group was able take a walking tour of Sydney before heading up narrow, winding roads in their luxury vans to the Blue Mountains. There were numerous gardens (and no doubt numerous pubs) along the way. With Cathie's background in children's literature, she was naturally drawn to the Storybook Garden. The group also was able to visit many of the special sites of the area, such as the Jenolan Caves, the Kanangra Walls, the Abercrombie House, the Born Loser Mine, a chocolate factory, several wineries, and the Black Butt Animal Reserve (seeing many of Australia's unique wildlife species. Cathie was able to add a visit to Perth, to see her "roomie" from the Morocco FFI World Conference. The Perth FF was host-

ing at the time, so Cathie attended their "Melbourne Cup" party, which was delightful with all the outlandish hats worn. The evening Harbor Cruise was especially nice; a break from the UV Index of 8 that day (8 to 11 means to seek shelter from the sun). We also enjoyed her photos of "signs of the times": *Elderly Crossing*, *How to Use a Toilet* (graphic), *Bush Fire Building, Gossip Box, Kangaroo & Wombat Crossing*. This Journey was the trip of a lifetime, as Cathie stayed with three hosts and enjoyed the hospitality of several Australian Friendship Force groups. Thanks for sharing, Cathie!



While Cathie's post-view made us wish we had gone, Ken Weaver was able to share a preview of the Fall 2018 Journey to come—Bristol-Berlin-Halle (UK and Germany). Using a map visual Ken provided, we were introduced to the southwest area of England, including the harbor community of Bristol. Some of the adventures in this area include the Roman bath in Bath, River Avon, the Circus, Cheddar Gorge and Stonehenge. After this homestay, the group will head to Berlin for a three-day hotel stay. It happens to be Unity Day on October 3, which is a huge celebration of freedom, culture, and beer! Visits to the Reichstag, Museum Island (a World Heritage site) and a cruise on the Spree River sound exciting. From here the group will head to Halle, just south of Berlin. As with FFNC, there are several towns that are part of this FF Club's Journey: Leipzig, Dresden, and possibly Wittenberg, which is the heart of "Lutherland". These communities are rich in history, art, museums, and architecture. The Harz Mountains and the lush valley of the Saale River are home to many vineyards and castles; ambassadors may visit these on "free days" if requested. The Journey concludes on October 11<sup>th</sup>, but the ability to continue your travels is always encouraged. Some are headed to Munich (Oktoberfest), others to Paris, and a few to Iceland on the way home. The good news is that there are four openings for those wishing to join this fall Journey, Sept. 25<sup>th</sup>-Oct. 11<sup>th</sup> (with a pre-journey available Sept. 19-25, to visit Stratford and London if you wish to participate). Please contact Ken Weaver, Ambassador Coordinator, to get signed up (970-381-3611, interweaver@gmail.com).

Barbara Miller

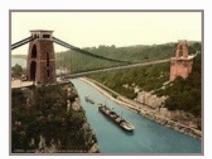
## Fall 2018 Journey to England and Germany



## Bristol 🊟 - Halle 💻 Journey 14188 – September 25-October 11, 2018

The first group of eleven ambassadors for our Colorado journey to Bristol, England, and Halle, Germany met March 25<sup>th</sup> for initial conversation. Coordinators Ken Weaver and Cathie McCallum hope to have applications in hand for **four more openings** by May 15<sup>th</sup> and selection completed by

the end of May.



Bristol, England

Both Bristol and Halle have now named a Host Coordinator. The week beginning September 26th in Bristol is likely to include visits to Bath, a day trip to Exeter, perhaps a day in Wells, with the Vicar's Close, Wells Cathedral and Bishop's Palace, and host discretionary days to visit the Wye River Valley, the south coast of Wales, or Cotswolds.

The Berlin hotel we will stay in the nights of October 2nd, 3rd and 4th is in the historical center of the city. Germany celebrates Unity Day on October 3<sup>rd</sup>. Arno Schwander, who stayed here in Colorado with the Johnsens about 20





years ago, is helping with Berlin arrangements.

Initial suggestions from Karl Kitzing, our Halle Host Coordinator, include travel by car to Wittenberg for a guided tour in English of a special 1517 panorama exhibition, tours of Halle and Leipzig (where Bach cantored from 1723-1750 in the Thomas Kirche), travel to Dresden with its Zwinger Art Gallery and other world-class museums, and free days for host-arranged trips to the Harz Mountains or in the Saale river valley with its vineyards and castles.

The estimated cost for Journey 14188 remains \$1650. Airfare and travel details to and from Europe are on our own. For this second round of applicants, a refundable deposit of \$300 is due with the application. With any question, please don't hesitate to contact Ken at 970-381-3611, <u>interweaver@gmail.com</u>, or Cathie at 970<sup>2</sup>223-0436, <u>cathiemc@mail.com</u>.



## Choose Your Own Adventure by Judy Flatley

## Discover Morocco November 1 to November 15, 2018



This exciting Journey is a combination of a tour and a homestay, which will give you a great over-



view and understanding of Morocco. You will not only visit some world-famous sites, you will also get to experience the Moroccan way of life and hospitality and get to spend time with locals, learning about their culture and traditions; the kind of firsthand immersion that only Friendship Force provides. Meet, converse, and interact with Moroccans from all social levels, from officials, to activists, to association leaders, to women's cooperative members, and more, all while you enjoy Moroccan-style hospitality!

15 days/14 nights including program and itinerary Coordinator is Linda Doyle, Friendship Force of Fort Worth ljdoyle@wildblue.net

### OR

## Moscow and Cities of the Golden Ring, Russia May 18 to June 1, 2019

Spend one week getting to know the members of Friendship Force Korolev as they immerse you in Russian customs. Then enjoy seven more days expanding your exploration to the cities of the Golden Ring.

### 15 days/14 nights, including program and itinerary Coordinator is Oyuna Sengeeva, Friendship Force International oyuna@friendshipforce.org





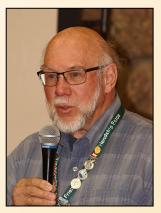
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## Photos and Farewell at April Meeting



Ken Weaver previewed the fall Journey to England and Germany.







Cathie McCallum took us along to an Australia Journey to gardens and pubs and more.







And we said a reluctant farewell to Nita Koplyay, who is leaving us to move to Texas to what sounds like a delightful community full of activities for folks who are, as she says, "55 and better."



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## **Come Help Out at Benson Park Sculpture Garden in Loveland**

## When? 8 a.m., Saturday, June 2

Please reserve a couple of hours to help with the Friendship Force-sponsored garden on the 2nd of June. This is positive publicity for FF! Let's start at 8 a.m., so that we can be finished by 10, and still have most of Saturday left! The High Plains Arts Council always provides a table of breakfast treats, juices, and water.

We will be spreading wood chip mulch, so bring a shovel if you wish to help with that. Other duties will be to cut back the Russian sage, as well as a little bit of weeding. A pointed weeder or semi-heavy clippers will be helpful, too. Remember to wear gloves and a hat. This won't be much work compared to years past!

Our garden is at 31st and Beech, on the east side of the park, beside the sculpture "They Are Waiting," which is pictured below. We have the garden north of the walkway, which leads from Beech into the park.

Please call Cinda Clark in Loveland at 669-5426 to volunteer or if you have questions.



Pa	age 8	May 2018
	Inbound Outbound JOURNEYS CALENDAR	2018 OFFICERS & COMMITTEE CHAIRS
		President: Thelma Slocum
	Gather your friends and	223-9855 thelmaslocum@comcast.net Vice President: Alice Gibson
	Choose Your Own Adventure	
	at	310-8848 aligibsco@gmail.com Secretary/Historian: LaDonna Palm
		651-302-2024 dnlpalm@aol.com
	thefriendshipforce.org/journeys	Treasurer: Debby Jones
	St. Louis Inbound	686-0303 dsj55@aol.com
	St. LOUIS INDOUND September 5-10	Programs: Cathie McCallum, Esther Johnson
	Host Coordinators:	223-0436 cathiemc@mail.com
	Debby Jones dsj55@aol.com 686-0303	484-2666 RNEJOHNSEN@aol.com
	Dennis Miller dmill5050@comcast.net	Journeys Coordinator: Judy Flatley
2	667-7330	223-1037 flatleyjl@msn.com
<b>)</b>		Webmaster and Directory: Ed Brigden
	Outbound Journey	381-5809 brigden@comcast.net Newsletter Editors/Publishers:
L	Halle-Saale, Germany	Ed Brigden, Cindy Paulson, Sue Cummins,
3	and Bristol, England	Marilyn Garner
,	September 26-October 12	381-5809 brigden@comcast.net
	Ambassador Coordinators:	225-2252 cdp225@msn.com
	Ken Weaver,	682-2266 sue@gscummins.com
	interweaver@gmail.com 381-3611	493-4137 garner.marilyn@gmail.com
	Cathie McCallum	Newsletter Reporters (chair):Marcia Ross377-0512mross377@msn.com
	cathiemc@gmail.com 223-0436	Publicity: Anne Brown
		663-3727 abby144@aol.com
		Membership/Mentoring/Directory :
We Need YOU!		Marilyn Garner & Kay Sheahan
Т	wenty members of the St Louis club are	493-4137 garner.marilyn@gmail.com
coming to visit us September 5 – 10, 2018. We		667-4473 kay6568@peoplepc.com Facebook: Barbara Miller
need volunteer home hosts and dinner hosts.		667-7330 bmill4708@comcast.net
We would love to have some members be on a		Telephone Tree: Barb Turnbull
committee to plan the activities we are taking		493-0787 b.turnbull493@gmail.com
our guests to. If you would like to volunteer,		Music: Rosemary Donovan, Larry Clark
please contact me. Thank you in friendship.		669-8818 donovangcd@aol.com
Host Coordinators:		669-5426 clarksmail@msn.com Store: Debby Jones
Debby Jones 686-0303		686-0303 dsj55@aol.com
		Hospitality: Willie Westdorp, Rosemary Donovan
	dsj55@aol.com	667-6525 willie.westdorp@gmail.com
	&	669-8818 donovangcd@aol.com
Dennis Miller		Ways & Means: Dick Johnsen, Larry Clark: 484-2666 RNEjohnsen@aol.com
	dmill5050@comcast.net	669-5426 clarksmail@msn.com
		Set-Up: Larry Slocum
	667-7330	223-9855 larryslocum@comcast.net